



RED CROSS JOURNEY

Thank you for stepping up to help people in need.

Remember the more you walk, the more of the journey is revealed.

Make sure you tick off each day once you have completed your 10,000 steps.

Organise a sweepstake in your workplace as an extra fundraiser. Who in your team will win?!

Name	1 Sept	2 Sept	3 Sept	4 Sept	5 Sept	6 Sept	7 Sept	8 Sept	9 Sept	10 Sept	11 Sept	12 Sept	13 Sept	14 Sept	15 Sept	16 Sept	17 Sept	18 Sept	19 Sept	20 Sept	21 Sept